

**Guidelines for the Implementation of  
Hot Cooked Meal and Morning Snacks  
for Supplementary Nutrition under ICDS  
and Hot Cooked Meal for Emergency Feeding  
Programme (8 KBK Districts)**

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**Women and Child Development Department  
Government of Orissa**

## Background

ICDS was launched on 2<sup>nd</sup> October 1975 and today, ICDS Scheme represents one of the world's largest and most unique programmes for early childhood development. There are six package of services of ICDS namely, Supplementary Nutrition Programme (SNP), Non-formal Pre-school Education, Immunization, Health check-up, Referral Services and Nutrition & Health education.

SNP has two broad components: a Morning Snack and Hot Cooked Meal are provided to those who can come to the Anganwadi Centers, i.e., Children between 3 to 6 Years. For Children between 6 months to 3 Years, Pregnant and Lactating Mothers and Severely Malnourished Children, Take Home Ration (THR) is provided.

The Emergency Feeding Programme is run in eight KBK districts for old indigent and infirm, who are given hot cooked meal every day at the AWC.

In pursuance to the orders of Hon'ble Supreme Court in WPC 196/2001 Government of Orissa has taken an in principle decision to decentralize procurement ICDS and all other feeding programmes of the W&CD Department throughout the state.

These guidelines are for:

- Supplementary Nutrition Programme under ICDS, with two components:
  - Morning Snacks for 3-6 year old children at AWC
  - Hot Cooked Meal for 3-6 year old children at AWC
- Hot Cooked Meal at the AWC under Emergency Feeding Programme in eight KBK Districts,

## Decentralization basics

Rice is presently supplied by GOI through FCI. Collectors engage transport contractors who transport the rice to AWCs and Schools. Since rice comes through the FCI, the existing system of delivering rice to the AWCs shall continue.

However, for all other foodstuff like dal, condiments, oil, soya chunks, eggs (proposed in new ration norms) and condiments, procurement is now decentralized to the level of the AWC.

A joint account of AWW and the Ward Member [Councillor/Corporator in urban areas] concerned should be opened. It is possible that one ward may have 2-3 AWCs under it, in which case the Ward Member/Councillor/Corporator will hold separate joint accounts with the concerned AWWs. In case one AWC area covers more than one ward, the AWW will hold the account with the Ward Member/Councillor/Corporator with the largest number of households in the AWC area. In case there is no Ward Member/ Councillor/Corporator in the area, the joint account shall be with the nearest Ward Member/ Councillor/Corporator.

***The aim of the guidelines is to enable smooth implementation and ensure effective delivery of services. Hence District Collectors are empowered to make local level changes wherever needed. These flexibility is given to ensure that feeding programme are not disrupted.***

## 1. Feeding norms

1.1 At present, children are being given bhata and dalma every day. It is decided to give more variety to the menu. Thus a weekly menu for Hot Cooked Meal in ICDS and EFP and Morning Snacks for ICDS has been standardized for the entire state keeping constant the prescribed calorie and protein norms, within the per beneficiary ration cost, which may be seen for reference in **Annexure I**. One egg will be provided once a week in the Hot Cooked Meal for preschool and EFP beneficiaries.

1.2 The Schedule for Hot Cooked Meal must be adhered in all the AWCs. However the concerned Janch Committee may decide to vary only the Morning Snacks with local fruit /badam laddu etc to children.

**Table 1 - Weekly Schedule of Morning Snacks and Hot Cooked Meal for Preschool children and Emergency Feeding Programme**

	<b>Morning Snack (3 to 6 years Preschool children only)</b>	<b>Hot Cooked Meal (Preschool and EFP beneficiaries)</b>
<b>Monday</b>	Sprouted Moong	Bhata dalma
<b>Tuesday</b>	Chuda / Mudhi Ladu	Bhata and Soya badi Curry
<b>Wednesday</b>	Mudhi	Bhata and Egg Curry
<b>Thursday</b>	Sprouted Moong	Bhata Dalma
<b>Friday</b>	Chuda / Mudhi Ladu	Bhata and Soya badi Curry
<b>Saturday</b>	Chuda / Mudhi Ladu	Khechudi
<b>Sunday</b>		Bhata dalma ( Only for EFP)

The per beneficiary ration cost per day is as follows:

<b>Item</b>	<b>Per beneficiary/per day ration cost</b>
Hot Cooked Meal including Morning Snack, fuel, TC etc for Preschool. ( this is also inclusive of the cost of rice)	Rs.4.00
Hot Cooked Meal under EFP	Rs.5.50

1.3 This weekly Schedule should be displayed in each AWC prominently either in a flex boards or wall painting on the outer wall. The weekly schedule of

AWCs is given in table-1 and in chart, showing the menu and quantity per day. This chart should be replicated on a flex board [about 3 x 4 ft] made centrally at the district and distributed to all AWCs for display outside the AWC wall.

- 1.4 The daily menu along with the calorie and protein norms for each day is given in **Annexure II**. A diverse menu has been designed to make it more palatable and attractive to the beneficiaries. Each AWC must follow the prescribed menu on each day of the week.
- 1.5 The transport and fuel cost has been standardized. The transport cost will be retained at the district level for delivery of rice to the AWCs point. Since other foodstuff will be procured locally, no transport cost is kept for the same.
- 1.6 It must be kept in mind that the primary objective is to ensure that the prescribed Protein and Calorie requirement is given. However, keeping local conditions in mind no single dal has been prescribed. AWWs may procure the best quality dal, including dals that are grown locally. However, since each dal has a different protein content, the quantity of dal used has to vary proportionately. Thus, Table 2 shows the amount of different dals that are required to be given per child to meet the required Protein content. This should be kept in mind while procuring dal, and while preparing the meals.

The Table below shows that if each child has to be given 5.6 grams of protein, then to achieve that, the quantity prescribed for each dal will vary based on the protein content. This is only on those days when dal is used in the recipe. On other days, when egg and soya chunks/bari is used, this is not relevant. Proportionately on Saturday (Khechudi) the Dal amount should change accordingly.

**Table 2 – Quantity per beneficiary of different Dals keeping Protein requirement constant**

Sl. No.	Dal type	Protein	Ration size in gram per child per day in Pre school
1	Red gram dal (Arhar)	5.6	25
2	Bengal Gram (Buta)	5.6	33
3	Bengal Gram (Chana)	5.6	27
4	Black Gram dal (Biri)	5.6	23
5	Green Gram (Gota Moong)	5.6	23
6	Green Gram dal (Moong Dal)	5.6	23
7	Kandula	5.6	28

## 1.7 Quality Parameters

It is also important to ensure that quality of different dals is ensured. Effort should be made to buy the best quality dals at competitive prices, keeping the market price in mind. Instructions on quality checking of dal, rice and eggs are mentioned in the quality guidelines at (15494/WCD dated 4/9/10) **Annexure XV**. The concerned Janch Committee, Mother's Committee and supervising Officers should also take up random quality check during their visits. It must be ensured that inferior quality dal, rice and eggs is not bought or supplied in the feeding programmes.

- 1.8 Food items like Dal, Soya chunk, Oil, iodized salt and other condiments should be stored in air tight containers for better preservation. Oil and Soya chunks should not be procured in loose quantities to avoid adulteration.
- 1.9 Oil should only be purchased in one or two litre pouches or tetra packs of any reputed brand with Agmark or BIS certification. Similarly soya chunks should only be procured in 1 or 2 kg packs of reputed brand with Agmark or BIS certification. Iodized Salt should also be bought in packets of 1 kg with Agmark/BIS certification.
- 1.10 AWWs/Mini AWWs should use the flexi fund given to them to procure appropriate storage bins wherever required. On no account should any foodstuff be left open. The concerned Janch Committee and Supervisory Officers should check this aspect during their visit to AWCs.
- 1.11 Prohibited Dals like Khesari and Kolatha should not be procured at all. Similarly only branded Refined/Mustard Oil of Agmark/BIS standard should be procured. Palmolein Oil, Vanaspati etc. should not be procured.
- 1.12 It should be ensured that no food stuff except rice is stored for too long in the AWC. All food items other than Vegetables and Eggs should be procured weekly. However, vegetables and eggs should be procured on the day of cooking. In case Oil and Soya Chunks are not available in Agmark brand pouches in the village every week, the same may be procured for a fortnight at the most, from the nearest shop.
- 1.13 The detailed process for cooking the daily recipe has been attached. This should be adhered to by the AWW/AWH. This should be explained to all AWWs at the sector meeting.

**Annexure III** gives the process of cooking for morning snacks and hot cooked meal, separately for each day of the week.

The nutritive value of different foodstuffs is given in **Annexure IV**. This should be referred to when adding other vegetables/foodstuff in the Hot Cooked Meal.

## **2. Procurement Procedure**

### **2.1 Objective**

- a) Procure goods of required quantity and specification at right price to ensure timely availability of food supplies for successful implementation of Morning Snacks and Hot Cooked Meal for preschool children and Emergency Feeding Programme.
- b) Ensure transparency, efficiency and economy in the procurement process through a fair and transparent process.

### **2.2 Scope and Applicability**

Under the decentralized system all the food items except rice under Hot Cooked Meal under ICDS and Emergency Feeding shall be procured locally by the AWW and Ward Member/Councilor/Corporator. This Guideline shall be applicable for the procurement of all the food items under Supplementary Nutrition Programme (SNP) and Emergency Feeding Programme (EFP). The items included under the respective programme are given in the **Annexure V**.

### **2.3 Recommended Procedure**

- a) Anganwadi Worker and the Ward Member/Councilor/Corporator shall be primarily responsible for the procurement under SNP and EFP. It is not necessary that both the AWW and Ward Member/ Councilor/Corporator must go together to procure. Either one of them can go after the price has been determined by the concerned Janch Committee.
- b) Morning Snacks under SNP shall be procured from the SHGs. Selection of the SHG shall be strictly on the basis of their capacity and experience in similar line of activity. In case SHGs in the locality are not willing or capable of providing the required snacks then it can be procured from the nearby SHGs. The price of the Morning Snacks shall be as per the norms.
- c) The concerned Janch Committee shall review the procurement and take measures to correct the deviations and irregularities, if any, noticed by them.
- d) In case a local solution cannot be found, the matter should be brought to the notice of Sarpanch/Chairperson/Mayor ,who should take measures to ensure that proper feeding with quality and quantity takes place.

### **2.4 Procurement Plan**

The AWW and Ward Member/Councilor/Corporator shall prepare a Monthly Procurement Plan for SNP and EFP separately, quantifying the requirement

of individual items to be procured taking into consideration (a) Number of beneficiaries (b) Ration Size. The Monthly Procurement Plan shall be verified and approved by the concerned Janch Committee. The procurement plan format is given in **Annexure VI**

## 2.5 Local Procurement

- a) The AWW and Ward Member/Councilor/Corporator will procure the food items from local shops / haats / retailers to minimize transportation cost and time. If any of the items is processed by any local SHGs/Women's Group, then the same shall be preferably procured from them in case the offer price is at par with the open market.
- b) In case any food stuff is cheaper locally then the AWW/Ward member/Councilor/Corporator should not save money. Rather the saving should be used to give additional food stuff such as Saag Bhaja, Tomato Khata, seasonal fruits, Payas etc. to the beneficiaries. On no account should the savings in ration cost be used for any items other than foodstuff for children.
- c) A uniform rate is indicated for transport, condiments and for fuel in the ration cost. This should be adhered to. The transport cost is meant for the transportation of rice from the FCI godown to the AWC point. Since local procurement is there for all other foodstuff, there is no transport cost for the same.

Cost per child per day basis	Emergency Feeding	Preschool
Condiment and 2gm Iodized salt	0.40	0.12
Fuel	0.30	0.20
Transport Cost	0.02	0.02

## 2.6 Procurement Price

The AWW and Ward Member/Councilor/Corporator shall collect prices of the food items of required specification from the local retailer / haat / shops / SHGs and fix the price on monthly basis. The selection of the same shall be strictly on the basis of best quality for competitive price. The local retailer / haat / shops / SHGs for each month shall be selected in the last week of the previous month. The process of selection and fixation of price of each item by the AWW and Ward Member/Councilor/Corporator shall be duly recorded in the minute book and verified by the Janch Committee. In case the items are procured from SHGs the AWW and Ward Member/Councilors/Corporator should negotiate to ensure that it is not more than the market price. The procurement plan format is given at **Annexure VI**.

The resolution in respect of selection of Shop and fixation of price for food items under SNP and EFP by the AWW/Ward member/Corporator is given at **Annexure VII**.

## **2.7 Terms and Method of Payment**

Cash and carry method should be followed uniformly for all purchases. The CDPO will ensure timely payment. She will be personally liable in case there is disruption in feeding due to delayed payment.

Collector should monitor this every month and ensure that feeding programmes are not disrupted due to late payment.

## **3. Financial Procedure**

Anganwadi Worker and Ward Member/Councilor/Corporator will be jointly responsible for the timely procurement of all ingredients for Hot Cooked Meal like dal, soya, egg, oil condiments, salts and fuel (rice will be supplied from Food corporation of India).

### **3.1 Bank Account**

- a) A joint savings bank account shall be opened in the nearest bank branch. Anganwadi Worker (AWW) and the Ward Member/Councilor/Corporator will be the joint authorized signatories for operation of the bank account. All receipts shall be deposited in the said account and all expenses on account of procurement are to be met out of the available balance.
- b) In case of exigencies, the concerned Janch Committee will authorize the Sarpanch/Mayor/Chairperson (in place of Ward Member/councilor/corporator) of the area in which the AWC is located to operate the bank account and do the day to day procurement along with the AWW. In case no Ward Member/Councilor/Corporator/Sarpanch is available, the Collector will make alternative arrangements.
- c) An initial amount of Rs.10, 000/- for AWC and Rs.5, 000/- for Mini AWC shall be credited to the said bank account from available funds of concerned CDPO. AWW and Ward Member/Councilor/Corporator will withdraw money from the account for the purpose of procurement of rations as per requirement and reimburse the amount on a monthly basis by submitting statement of expenses in the prescribed format to the CDPO. Lady supervisors shall be responsible for collecting the statement of expenses from their AWCs and submitting them to the concerned CDPO. Required fund will be automatically transferred to the AWCs/Mini AWCs/SHGs by the CDPO by 7<sup>th</sup> of each month for the next month. This will be adjusted every month depending on the attendance figures of the previous month and the claim submitted by the AWC.
- d) All transfers to the joint A/C will only be made only through E-transfer. Collectors should ensure this. No deviations on this score should be allowed.

- e) Banks should be requested to issue cheque book to the AWW which will be used for the withdrawal of money from the bank by presenting the duly filled in cheque folio to the bank. Both the Anganwadi Worker and Ward Member/Councilor/Corporator need not to go together for withdrawal of money. Either one of them as per convenience can do the same.
- f) Amount available in the bank account on account of credit of interest may be utilized for the purchase of storage container/LPG cylinder and pre-school kits after due approval of the CDPO on recommendation of the Janch Committee.
- g) However on no account should any savings be made in the ration cost of beneficiaries. In case some foodstuffs like dal and vegetables are cheaper during season, the beneficiaries should be given additional foodstuff like saag bhaja, fruit, tomato khatta etc.
- h) In case the AWW post is vacant it should be filled up urgently. However, to ensure that the feeding is not stopped the nearest AWW account shall be used. However the record maintenance for both will be separate. Collector will take final decisions based on the local situation.

### **3.2 Books of Account**

AWW is required to maintain the following books of account on a day to day basis. The Lady Supervisor will guide the AWW in maintaining the books of accounts. The books are subject to verification by Supervisor (LS), CDPO, DSWO, Sub Collector and other officials from time to time.

a) Cash book - **Annexure VIII**

- All the receipts in the joint bank account shall be entered in the bank column of receipt side of the cash book. Any cash drawn from the bank shall be entered in the bank column of payment side and cash column in receipt side. Cash payment and cheque payment on account of purchases of various items shall be entered in cash column and bank column of payment side respectively. Interest credited by the bank shall be entered in the bank column of the receipt side of the cash book. Total of receipt and payment in each page and closing balance shall be drawn. Each page of the cash book shall be signed by the AWW and Ward Member/Councilor/Corporator for authentication.

b) Purchase Register - **Annexure IX**

- The register shall contain the details of purchases such as name of rations, quantity, rate, amount and date of purchase. Each page of the purchase register shall be signed by AWW and ward member/Councilor/Corporator for authentication.

c) Stock and Distribution Register - **Annexure X**

- The register shall contain the quantitative details of stocks of rations – opening stock, receipt, consumed and closing stock on a day to day basis. Separate pages shall be opened and maintained for each kind of items. Each page of the stock register shall be signed by AWW and Ward Member/Councilor/Corporator for authentication.
- d) Statement of Expenses - **Annexure-XI**
- e) Statement of Bank reconciliation **Annexure XII**
- The statement will show the reconciliation between the closing balances as shown in the bank column of the cash book with that shown in the bank pass book in the last day of each month. The statement is to be prepared on a quarterly basis.

### **3.3 Procedure for procurement**

All the items of rations except rice required for Hot Cooked Meal will be procured according to the procurement guidelines by AWW and Ward Member/Councilor/Corporator from the local market on payment of cash/cheque. The quality of the goods shall be as per the quality guidelines. The quantity procured together with the closing stock at any particular point of time shall not be more than one week's requirement. Quantity to be procured and stored shall be arrived at, considering the quantity required per child as per specified norm. While spending public money in the course of purchasing goods the AWW and WM/councilor/corporator shall exercise due care as a person of ordinary prudence does in case of spending his own money.

### **3.4 Reimbursement of expenditure**

- a) Statement of expenses is to be prepared by AWW for each month and signed by both the AWW and Ward member/Councilor/Corporator and verified by Lady Supervisor. Duly verified statement of expenses is to be submitted to the CDPO for approval.
- b) AWW is also required to keep all vouchers/bills, etc. in support of the purchase of goods in safe custody and produce the same along with the books of accounts before the inspecting officials. **Annexure XIV**.

### **3.5 Financial procedure for Morning Snacks**

Morning snacks will be supplied by local SHG as per the existing guidelines to the concerned AWC. AWW will maintain the records of supply and distribution in the stock register **Annexure X**. AWW will submit a statement of supply of Morning Snacks verified by Lady Supervisor to the CDPO who will make only direct e-payment to concerned SHGs accounts. The payment must be released on a monthly basis and the CDPO should ensure that there is no delay.

## **4. Monitoring and Supervision at GP and Village/Ward Level**

Since the feeding system has now been decentralized to the village/ward level, responsibility for implementation also devolves on local level functionaries.

### **4.1 Sarpanch/ Chairperson/ Mayor**

The Sarpanch/Mayor/Chairperson will supervise and ensure the implementation of the decentralized SNP, MDM, THR and EFP [in 8 KBK districts] in the GP or urban area respectively. S/He will:

- a) Review the implementation and progress in GP/urban areas meetings every month. The issues relating to feeding in SNP and EFP, MDM and THR should be kept as part of the agenda in the monthly Panchayat meeting.
- b) Take measures to ensure that the programmes run successfully, meeting the quality and quantity norms set for each category of beneficiary.
- c) Make field visits and take remedial measures at local level itself.
- d) Report to the CDPO and BDO only when the issue cannot be dealt at his/her level.
- e) Report by email to the BDO and CDPO every month on the progress of feeding programmes, by utilizing the computer facility at the GP level.
- f) Utilize the existing field level personnel at the GP level/urban areas for monitoring the feeding programmes in AWCs and Schools.

### **4.2 Ward Member/Councilor/Corporator**

The Ward Member/Councilor will be primarily responsible for implementation of the feeding programmes at the AWC, i.e. Hot Cooked Meal, Morning Snack, EFP, and THR. He/She will hold a joint account with the AWW and will:

- a) Maintain absolute financial integrity in dealing with government money meant for the feeding programmes and ensuring that it is used only for feeding the beneficiaries as per the norms.
- b) Facilitate and help the AWW in proper implementation of the programmes.
- c) Not hold up signing the withdrawal slips/cheques, reimbursement claims etc without valid reason, causing disruption in the feeding programmes.
- d) Ensure that the entitlements are known to the people in his ward and the entitlement charts are displayed on a prominent wall in the village.
- e) Ensure proper functioning of the concerned Janch Committee and the Mothers Committee.

- f) Ensure that proper quality as prescribed is given to all beneficiaries through proper procurement of foodstuff at competitive prices and best quality, within the prescribed ration cost.
- g) Ensure that proper procurement is done, without fudging of records, without overpayment and by buying from SHGs as far as possible.
- h) Remedy any local issues that may be likely to disrupt the feeding programmes.
- i) Ensure that the names of concerned Janch Committee members are displayed in each AWC and school along with their photographs and the names and photographs of Mothers Committee are displayed in each AWC. The AWW/School should be asked to make a chart as follows for display in a prominent place.

**AWC** - Chart for concerned Janch Committee and Mothers Committee separately

**School** – chart for Janch Committee

Name	Address	Photograph

- j) Discuss with visiting officers regarding the implementation of the programmes and suggest remedial measures if any.

#### 4.3 Janch Committee

The Janch Committee is a new mechanism being set up in each village. In urban areas there shall be a Janch Committee for every AWC. The primary responsibility of the Janch Committee is to ensure that all feeding programmes maintain prescribed standards of quality and quantity.

a) Composition:

This will be a committee with the following members:

- A retired Government/PSU employee
- Presidents/Secretary of 2 best graded SHGs or President and Secretary of one SHG if 2 SHGs are not there in the village. In case an SHG is supplying Morning Snacks to the AWC or cooking MDM, it should not be part of this committee
- One person with disability

- Chairperson of Mothers Committee
- President of Village Education Committee

The committee will be headed by the retired Government/PSU employee. If no such person is available, the person with the highest qualification from among the other members will be the President.

b) Selection:

The sector supervisor will convene a village meeting where all GKS members, Parent Teacher Association of the village and other persons from the village will be present and select the members in consultation with all present. Minutes of the selection meeting should be recorded.

It should be made clear during selection that the Janch Committee members are not entitled to any honorarium or travel cost to do the work. This is a position of responsibility and prestige and not a money making enterprise. Only those persons who are able and willing to take up this responsibility should be entrusted with the task.

The sector supervisor should get a feedback every month during her field visit from the AWWs regarding the conduct of the Janch Committee members. In case any complaints are received regarding any misconduct or asking for money/favours, a local enquiry should be made and action taken accordingly. The supervisor may also involve the Sarpanch/Mayor/Chairperson in case any action is required to change the original composition of the committee.

c) Roster of visits:

- In order to ensure that visits are being made, the President should draw up a roster of visits for each member. However the date of visits should not be mentioned, as the visits should be random.
- The roster should be drawn up in a manner such that the members keep rotating and no single member is given more work than the others, or is allotted one particular school/AWW for more than a month.
- The President should review the visits of the members in a meeting at the end of the month and take remedial action wherever required.
- A format for reporting by the Janch Committee members has been given at **Annexure XIII** which may be followed for reviews by the President Janch Committee every week and the Sarpanch/Mayor/Chairperson every month.

d) Role:

The Janch Committee will:

- Visit each AWC (primary and upper primary school) in the village on a random basis at least once a week and check the quality and quantity of food being served.
- Be present at the time of receipt of THR and its distribution to the beneficiaries.
- Visit at least one household per week to ensure that THR was received and is being consumed as per the required norm.
- Check the quality of food – **but by tasting only a very small portion.** The members should not ask for and should under no circumstances be served a full meal during their visit.
- Each AWC (and school) will maintain a register to record the remarks of the janch committee on the day of their visit. (This should be cross checked by the headmaster and by visiting officials).
- The Janch Committee should not indulge so much in fault finding of individual functionaries as in ensuring that feeding programmes are run properly. In case some local issues come to the notice of the Janch Committee, they should be resolved by them at that place itself and recorded in the register. In case it cannot be resolved by them, it should be brought to the notice of the President of the Janch Committee. As last resort, if the solution cannot be found in the village, it should be immediately reported to the Sarpanch/Mayor/Chairperson with a copy to the sector supervisor and CDPO.

#### **4.4 Mothers committee**

The Mothers Committees already exist in each village. They should be strengthened. In case old members have become ineligible, they should be replaced by new members. They should also be given the guidelines and made aware of their role and responsibilities by the supervisors and CDPO.

Role:

They will be responsible for ensuring quality at the AWC level and will be present when THR is received and distributed. Since they are mothers themselves, it is expected that they will talk to mothers regarding their entitlements and the necessity of taking supplementary nutrition properly.

Their main responsibilities have been laid out in the earlier Letter No. 244/SWCD dated 24/7/2006. However, some of these are reiterated below due to decentralization of the feeding programmes.

- a) To send their children above 3 years to the AWC in case they are not coming regularly to the AWC. They should motivate the mothers and fathers by making home visits and making sure that children between 3-6 years come to the AWC.

- b) Assist the AWC in carrying out preschool activities in the AWC. They should also help her in ensuring that the children's nails are cut, hair is combed and hands are washed before eating.
- c) Ensure that the proper quantity of THR is received at the AWC and the same quantity in packets is distributed to the beneficiaries on the 1<sup>st</sup> and 15<sup>th</sup> of every month.
- d) Since the Mothers Committee members have their own children, they should make home visits and counsel the mothers to use clean drinking water for preparing chhatua to feed themselves [if they are pregnant or lactating] and children.

## **5. Monitoring and Supervision at district and sub district level**

Effective monitoring is the key to the success of the decentralization effort. Since there are many new elements, supportive supervision will be required in the first fortnight. After the first fortnight/three weeks, the supervision will have to change focus to ensuring that the guidelines are followed in their entirety and different levels of personnel are made accountable. Accordingly, Collectors should:

### **5.1 Control room**

- a) Set up a control room at the district level under the ADM or another officer at the discretion of the Collector, where complaints will be received, tour observations of field officers will be recorded and analyzed and action taken. The control room will also gather information on quality checks done at different levels and put up for appropriate action. Officers moving to the field for checks should report back to the control room with their observations on the same day, which should be duly recorded. Thus the control room will function as the grievance redressal cell as well as monitoring cell. Similar control rooms should also be set up at the subdivision and Block/Project level. They should send their reports via email to the district control room every day. Their functioning should also be reviewed by the officer in charge of the district control room every day.
- b) Records [manual or computerized] should be maintained in the control room on the field visits and complaints received and action taken on them. The Collectors, with the help of the officer in charge of the control room may work out a standard check list for tour reportins.
- c) The officer in charge of the control room will review the information every evening for the first three months and take necessary action to ensure that the feeding programmes run smoothly.
- d) Collectors will, for the first three months, review the functioning of the decentralization every alternate day and quickly remedy any gaps or dislocations. After three months, only if the decentralization is implemented satisfactorily, the review may be made once a week.

- e) A dedicated phone line should be made available for the control room and printed prominently in the entitlement charts for MDM and ICDS of each district.

## **5.2 Squads**

- a) At the District, Sub division and Block level, a group of 5-6 officers of different departments should be identified as the monitoring squad. The ICDS personnel should be part of the squads. Especially at the Block level, the supervisors should be part of the squad.
- b) The squads should tour extensively and make random checks of schools and AWCs to ensure that the feeding programmes are running properly.
- c) Their mandate would not just be fault finding, but to remedy the situation locally.
- d) The squads should be sent by the officer in charge of the control room, especially where information on malfunctioning is received and immediate remedial action is required, and should report back to the control room.
- e) The squad members may not always go in a team, but rather should travel individually so that more places can be covered per day.

## **5.3 Allocation of areas**

- a) At the district and sub divisional level, blocks should be allotted to line officers, and they should be given individual responsibility of ensuring that the feeding programmes are running well in the districts. A similar exercise allocating GPs to extension officers should be done at the block level.
- b) The officers should, in the first three months tour their allotted areas extensively and ensure that the decentralization process is running smoothly. They should also report to the control room on the same day of their visit.
- c) As with the squads, they should make efforts to remedy the situation at the local level instead of simply reporting to the higher level.
- d) The Collector, Sub-collector and BDO/CDPO should review the tours and effectiveness of their tours once a week for the first three months.
- e) The performance of the officers in ensuring proper implementation of the feeding programmes may also be mentioned as a special achievement in their ACRs if so deserving.
- f) Similarly if any of the functionaries including Ward Members, Councilors, Corporators AWWs, SHGs, Supervisors, CDPOs, BDOs are found to be derelict in their duty in ensuring proper implementation of the

programme, stringent and swift action should be taken against them as per rules.

## 6. Training for effective decentralization

For proper implementation of the guideline a series of trainings are required to be imparted to all level of functionaries. Since the new guideline is going to roll out from 01.04.2011 CDs have been developed for the guidelines and are being shared with districts for further training down the line. Training should preferably be carried out on the dates mentioned below. Only in case of local exigency the date can be shifted. However Collectors must ensure that all trainings are over by 30<sup>th</sup> March positively.

Sl. No.	Level	Mode of training	Dates
1	District level	CD display, training and allocation of responsibility for all district level officers, all PRI members at district level, elected representatives	22 <sup>nd</sup> March
2	Block level	CD display, training and allocation of responsibility for all supervisors, all block level extension officers, all PRI members at block and GP level, GKS members	24 <sup>th</sup> March
3	Sector level- covering the GPs under the Sector	CD display, training and allocation of responsibility for all AWWs, Ward Members/Councilor/Corporator, members of Janch and Mothers Committees, school headmasters, office bearers of VEC/SMC/SHGs	26 <sup>th</sup> March - in GP office
4	Sector Level	Retraining and firming up responsibility of members as above	28 to 30 <sup>th</sup> March - in Sector meeting

## 7. Publication of Entitlements

In order to achieve transparency in the decentralized process it is important to create all round awareness of the entitlements of the beneficiary under the program. Accordingly the following documents are enclosed:

- i. Weekly menu in pictorial form with quantities given. This should be printed in flex and displayed at the outer wall of AWC. This is applicable even if the AWC runs in a private building. **Annexure-XVI**
- ii. The daily schedule of the AWC should be printed in the flex board and supplied to all AWCs. **Annexure-XVII**
- iii. A separate menu prepared for EFP should be displayed wherever applicable. The entitlement charts are given at annexure. **Annexure-XVIII**

Arti Ahuja  
Commissioner cum Secretary  
Women and Child Development Department  
Government of Orissa  
14<sup>th</sup> March, 2011

**GUIDELINE FOR HOT COOKED MEAL, EFP & MORNING SNACKS UNDER SNP**

**Annexure I**

**Hot Cooked Meal: Weekly Average Norms of Preschool and EFP**

Day	Preschool Children		Emergency Feeding Program all days	
	Calorie	Protein	Calorie	Protein
Monday	465.5	15.5	1048.0	24.9
Tuesday	591.6	14.7	1054.7	25.5
Wednesday	550.7	15.0	1008.7	23.3
Thursday	465.5	15.5	1048.0	24.9
Friday	591.6	14.7	1054.7	25.5
Saturday	565.0	14.3	1048.0	24.9
Sunday			1048.0	24.9
<b>TOTAL</b>	<b>3229.8</b>	<b>89.6</b>	<b>7310.1</b>	<b>174.1</b>
<b>Average per day</b>	<b>538.3</b>	<b>14.9</b>	<b>1044.3</b>	<b>24.9</b>

**Annexure II**

**Daily recipes for Morning Snacks and Hot Cooked Meal for Preschool children  
and Hot Cooked Meal for EFP beneficiaries**

[All ration sizes in grams]

<b>Monday, Thursday and (Sunday only for EFP): Bhata &amp; Dalma</b>						
Particulars	Preschool Children			Emergency Feeding		
	Ration size in gram	Calorie	Protein	Ration size in grams	Calorie	Protein
<b>Morning Snacks</b>						
Sprouted gram (Moong and Sugar) 100 gram Moong + 30 gram sugar	16	59	3.84	None	None	None

<b>Hot Cooked Meal</b>						
Rice	80	276	5.44	250	863	17
Dal	25	84	5.58	30	101	6.69
Oil	3	27	0.00	5	45	0
Potato and Vegetables	25	20	0.63	50	40	1.25
<b>Total</b>		<b>465</b>	<b>15.48</b>		<b>1048</b>	<b>24.94</b>

<b>Tuesday and Friday : Bhata &amp; Soya badi Curry</b>						
Particulars	Preschool			Emergency Feeding		
	Ration size	Calorie	Protein	Ration size	Calorie	Protein
<b>Morning Snacks</b>						
Chuda/Mudhi Ladu) + sugar (5 gram)	50	175	3.75	None	None	None
<b>Hot Cooked Meal</b>						
Rice	80	276	5.44	250	862.5	17
Soya Chunks	10	34	3.00	20	67.2	6
Oil	3	27	0.00	5	45	0
Potato and Vegetables	100	80	2.50	100	80	2.5
<b>Total</b>		<b>592</b>	<b>14.69</b>		<b>1054.7</b>	<b>25.5</b>

<b>Wednesday : Bhata &amp; Egg Curry</b>						
Particulars	Preschool			Emergency Feeding		
	Ration size	Calorie	Protein	Ration size	Calorie	Protein
<b>Morning Snacks</b>						
Mudhi	50	162.5	3.75	None		

<b>Hot Cooked Meal</b>						
Rice	80	276	5.44	250	862.5	17
Egg	One	69.2	5.32	one	67.2	6
Oil	3	27	0	5	45	0
Potato and Vegetables	20	16	0.5	100	80	2.5
<b>Total</b>		<b>550.7</b>	<b>15.01</b>	<b>375</b>	<b>1054.7</b>	<b>25.5</b>

<b>Saturday - Khechudi</b>						
<b>Particulars</b>	<b>Preschool children</b>			<b>Emergency Feeding</b>		
	<b>Ration size</b>	<b>Calorie</b>	<b>Protein</b>	<b>Ration size</b>	<b>Calorie</b>	<b>Protein</b>
Morning Snacks						
Chuda/Mudhi Ladu) + sugar (5 gram)	50.0	175	3.75	None		
Hot Cooked Meal						
Rice	80.0	276	5.44	250	862.5	17
Dal	20	67	4.46	30	100.5	6.69
Oil	3.0	27	0	5	45	0
Sugar and vegetables	25.0	20	0.625	50	40	1.25
<b>Total</b>		<b>565</b>	<b>14.28</b>		<b>570</b>	<b>13.24</b>

### Annexure III

#### **Cooking process for Morning Snacks and Hot Cooked Meal**

##### **a. Cooking Process for Morning Snacks**

<b>Morning Snacks (Preschool)</b>
<b>Sprouted Moong (Monday and Thursday)</b>
→ Take exact amount of moong as per number of child and clean it properly to

<p>remove the dirt and dust.</p> <p>→ Wash thoroughly in running water and soak in clean water for 6 to 7 hours.</p> <p>→ Now tie it in a clean cloth and keep it aside for 6 to 7 hours.</p> <p>→ Before serving add powdered sugar and serve.</p>
<p><b>Mudhi (Wednesday)</b></p> <p>→ 50 grams mudhi should be given to each child in morning snack.</p>
<p><b>Chuda/Mudhi Ladu (Tuesday, Friday Saturday)</b></p> <p>→ Clean chuda/Mudhi properly to remove dust/ dirt.</p> <p>→ Roast Chuda/Mudhi at low flame till it becomes crispy.</p> <p>→ Add sugar and mix properly till it mixes with each other.</p> <p>→ Take out from flame.</p> <p>→ Make small laddu of 25gms.</p> <p>→ Give 2 laddus to each child.</p> <p>→ Local cereals like ragi, jowar, maize, Til etc may be substituted for chudha/mudhi</p>

## **b. Cooking Process for hot cooked meal**

### **Instructions:**

1. Always take the exact amount of food items as mentioned in the recipe per child/beneficiary basis.
2. It is always better to add easily available seasonal fresh vegetables.
3. Green leafy vegetables like Saaga should be added as per local availability (Sajna Saaga, Palak, local saags) to Dalma as it adds micronutrients. Saaga can also be cooked separately as bhaja and given to children as it is rich in iron.
4. Do not peel Potatoes, but clean it thoroughly in water to ensure all dirt is washed off.
5. Any vegetables, especially leafy vegetables should be washed properly before cutting.
6. Always use Iodized salt at the end of cooking as it may destroy iodine.

<p><b>Hot cooked Meal (Pre School and EFP)</b></p>
<p><b>Bhata (Monday, Tuesday, Wednesday, Thursday, Friday and Saturday)</b></p> <p>→ Clean and wash rice.</p>

→ Put adequate clean water to cook so that at last need not to be drained (1 part rice, 2.5 part water).

→ Cook it in clean water till it becomes soft and edible.

### **Dalma (Monday and Thursday)**

→ Clean Dal and wash it thoroughly with clean water, soak it for some time (10 minutes).

→ Wash vegetables properly and then cut it in to medium size.

→ Take oil as per the allotted amount and heat it. Add sarson/ phutan, now add vegetables (Seasonal vegetables) and Potatoes and add soaked Dal. Add turmeric.

→ Let it cook till it becomes soft.

→ Add Iodized salt at last.

### **Soya Badi Curry (Tuesday and Friday)**

→ Wash and put soya chunks in boiling water for 25 to 30 minutes.

→ Squeeze the chunks properly to remove water.

→ Cut it in to 2-3 pieces.

→ Wash Potatoes properly in clean water and cut it in medium size pieces.

→ Heat oil, put sarso/phutan. Add finely cut onion, garlic and ginger. Add potato, add turmeric and other condiments. Add water and Tomatoes, other seasonal vegetables (pumpkin, carrot, beans, sweet potato etc).

→ Mix cut soya chunks to curry.

→ Mix well. Cook it for 5 to 10 minutes as required.

→ Add Iodized Salt at the end.

### **Egg Curry (Wednesday)**

→ Clean and boil Eggs in clean water.

→ Wash Potatoes and other seasonal vegetables (Pumpkin, Tomato, etc.) properly to remove dirt.

→ Heat Oil, put phutan, add Onion, Garlic, and Ginger and fry lightly. Add vegetables (Potato, Tomato, beans, pumpkin, carrot, bhindi, raw banana etc). Mix it properly.

→ Add water to cook and cook till the vegetables are done and it has curry like consistency.

→ Add Boiled eggs and cook for 2-3 minutes.

Add Iodized salt at the last.

### **Sweet Khechudi with Vegetables (Saturday)**

- Clean and wash Rice and Dal.
- Heat oil and add phutan, curry leaves etc.
- Add seasonal available vegetables (washed and cut in medium size) to it and add turmeric to it.
- Now add water and then add washed rice and Dal to it.
- Let it cook till it becomes soft.
- Add Sugar and Iodized salt at last.

**Annexure IV**

**NUTRITIVE VALUE OF SOME COMMON FOODS**

S.N.	FOOD ITEM (100GMS)	PROTEIN (GRAM)	ENERGY (KCAL)	FAT (GRAM)
<b>A</b>	<b>CEREALS</b>			
1	Rice para boiled	7.3	328	1.3
2	Rice flakes (Chuda)	6.6	346	1.2
3	Rice puffed (Mudhi)	7.5	325	0.1
4	Wheat Semolina (Suji)	10.4	348	0.8
5	Ragi (Mandia)	7.3	328	1.3
6	Maize (dry)	11.1	342	3.6
<b>B</b>	<b>Vegetables</b>			
1	Potato (Alu)	1.6	97	0.1
2	Onion (Piaja)	1.2	50	0.1
3	Brinjal (Baigana)	1.4	24	0.3
4	Pumpkin (Kakharu)	1.4	25	0.1
5	Beans	1.7	26	0.1
6	Drumstick (Sajana Chhuin)	2.5	26	0.1
7	Drumstick leaves (Sajana Saag)	6.7	92	1.7
8	Papaya green (Amruta Bhandu)	0.7	27	0.2

9	Tomato (Tomatar)	0.9	20	0.2
10	Cabbage (Patra Cobi)	1.8	27	0.6
11	Bottle Gourd (Lau)	0.2	12	0.1
12	Jack Fruit (Panasa Katha)	2.6	51	0.3
<b>C</b>	<b>Nuts</b>			
1	Coconut (Nadia)	4.5	444	41.6
2	Ground nut (Badam)	25.3	567	40.1
<b>D</b>	<b>Others</b>			
1	Egg (Anda)	13.3	173	13.3
2	Soya chunks (Soya badi)	54.2/55 (Nutrella)	336/385 (N)	0/5 (N)

**Annexure V**

**Food items under SNP & EFP**

<b>Morning Snacks and Hot cooked Meal &amp; Emergency Feeding Programme (EFP)</b>	
<ul style="list-style-type: none"> <li>• Rice (To be supplied through Collectors from FCI godowns)</li> <li>• Dal</li> <li>• Soya Chunks</li> <li>• Oil</li> <li>• Eggs (once in a week)</li> <li>• Vegetables</li> <li>• Iodized Salt</li> <li>• Other Condiments</li> <li>• Fuel</li> </ul>	

**Annexure VI**

**Procurement Plan for the Month of .....**

SL.NO.	ITEM	QUANTITY	RATE	VALUE
1				
2				
3				
<b>TOTAL</b>				

**Annexure VII**

**Resolution in respect of selection of Shop and fixation of price for food items under SNP and EFP by the Committee:**

The committee after a price enquiry in the local market for different food items of specified quality decided to purchase food items from the Shop/SHGs at a price as mentioned below for the month of .....

Sl. No.	Item	Description	Name of the Shop/SHG	Offered Price/Kg	Total Quantity (monthly)
1	Dal				
2	Oil	PET bottle or poly pack (1ltr / 2ltr) of brand			
3	Soya	1Kg or 2 kg branded pack			
4					

Whereas all the parties as mentioned above have agreed to supply respective items at the agreed price during the month of.....It is also agreed that in case they fail to supply the required quantity of food item at the agreed price then they will not be considered in future.

**Signature of AWW/Ward Member/Councilor/Corporator suppliers**

**Signature of the**

**Signature of Janch Committee (two members)**

1.

**Annexure VIII**

**Format of Cash Book**

RECEIPT				PAYMENT			
Date	Particulars	Cash	Bank	Date	Particulars	Cash	Bank
	Opening Balance B/F	XX.XX	XX.XX				
	Total Receipts	XX.XX	XX.XX		Total Payments	XX.XX	XX.XX
					Closing Balance C/F	XX.XX	XX.XX
	<b>Grand Total</b>	<b>XX.XX</b>	<b>XX.XX</b>		<b>Grand Total</b>	<b>XX.XX</b>	<b>XX.XX</b>

**Prepared by**

**Checked by**

**Date**

**Annexure IX**

**Format of Purchase Register**

Date	Description	Quantity	Rate	Amount	Cash Book page no

**Prepared by**

**Checked by**

**Designation**

**Date of checking**

**Annexure X**

**Format of Stock Register**

Date	Opening balance quantity	Receipt / purchase Quantity	Quantity consumed	Closing balance quantity	No s of beneficiaries fed Morning snacks supplied

**Prepared by**

**Checked by**

(Note: separate pages for separate foodstuff.)

**Annexure XI**

**Statement of Expenses (SOE)**

<b>Statement of Expenses for the quarter ..... 2011</b>						
Sl. No.	Description	Quantity	Rate	Amount	Total Strength	No of beneficiaries fed Morning snacks
1	Dal				6-36 ---- Months 3 -6years-- Pregnant Mothers--- Lactating Mothers--	
2	Egg					
3	Soya					
4	Salt					
5	Vegetables					
6	Condiments					
7	Fuel					
8	Chatua					
9	Morning snacks					
	<b>Total</b>					

**Prepared by**

**Checked by**

**Approved by**

**Annexure XII**

**Statement of bank reconciliation**

Statement of bank reconciliation as on the last date of the month.....	
Bank balance as per pass book on last day of month .....	xxx.xx
Add: interest credited by bank but not entered in the cash book	xxx.xx
Less: charges debited by bank not taken in cash book	xxx.xx
Balance in the bank as per cash book on the last day of month.....	

**Annexure XIII**

**Supervision check list for Janch Committee and Mother's Committee**

Name of the Project Visited:                      Visit Date:                      Visit duration:

Name of the AWC Visited:                      AWW's Name:

DESCRIPTION	OBSERVATIONS/STATUS
Number of Beneficiaries enrolled in pre school	
Number of Beneficiaries present in pre school	
Number of Beneficiaries enrolled in EFP	
Number of Beneficiaries present in EFP	
Is the weekly Menu Chart displayed in the AWC/ School?	
Is there any discrepancy in the food prepared from the menu?	
Use of the following things in the cooked food: yes/no <ul style="list-style-type: none"> <li>• Iodized salt</li> <li>• BIS/AG Mark marked Dal, oil and soya chunks</li> <li>• Fresh vegetables added to food</li> </ul>	
Check the quality of food (to be tasted personally in a small quantity, whether palatable or not)	

Hygiene maintained while cooking, serving and feeding (condition of kitchen, utensils, eating place and availability of safe drinking water)	
Whether stock of oil/ soya chunks/dal available for less than a week	
Safe and hygiene storage (in container, free from insects, worms, rats, rain, moisture)	
Use of appropriate measuring device for cooking and serving	
Hand washing done before and after eating for AWW/AWH/beneficiaries	
Children eating in own or supplied plate	
Growth monitoring of children done regularly (Weighing followed by counseling)	
Referral cases and follow-up	
Whether there are any false beneficiaries enrolled	
Observations of home visit – 2/3 families visited	
Feedbacks of interaction with 2/3 beneficiaries	

**Members Names:**

**Signatures:**

**Action taken on observations:**

- 1.
- 2.
- 3.

**Report submission Date:**

**Annexure - XIV**

**Reimbursement claim format for Hot cooked Meal**

Name of the centre:

No of beneficiaries enrolled:

Name of the block:

No of beneficiaries attended:

No of feeding days:

<b>Food Stuff</b>	<b>Total quantity supplied during this month</b>	<b>Total cost of food stuff supplied</b>
Dal (type)		
Soya Chunk		
Egg		
oil		
Condiments		
Fuel & others		
<b>Total Cost</b>		

**Signature of Ward member/Councilor/Corporator**

**Signature of the AWW**

**Submitted By.....**

**Name of the AWW:**

**Date of Submission:**

**One copy retained by AWW and one copy to CDPO**



# ANNEXURE-XVI

ଅଙ୍ଗନୱାଡ଼ି କେନ୍ଦ୍ରରେ ୩ ବର୍ଷରୁ ୬ ବର୍ଷ ବୟସ ପର୍ଯ୍ୟନ୍ତ ସମସ୍ତ ଶିଶୁଙ୍କର ସକାଳ ଜଳଖିଆ

ବିଭିନ୍ନ ପ୍ରକାରର ସକାଳ ଜଳଖିଆ ମଧ୍ୟରୁ ଯେକୌଣସି ଗୋଟିଏ  
ଦୈନିକ ସୁଖପିଣ୍ଡା ୯୦.୮୦ ଘ. (ବୁଧବାର ବ୍ୟତୀତ)  
ବୁଧବାର ୯୦.୫୦ ଘ.

ସୋମ ବାର ଓ ଗୁରୁବାର	 ଗଜା ମୁଗ (୧୬ ଗ୍ରାମ୍ ମୁଗ ଓ ଚିନି ରେ ପ୍ରସ୍ତୁତ)
ମଙ୍ଗଳ ବାର, ଶୁକ୍ର ବାର ଓ ଶନିବାର	 ଚୁଡ଼ା ଜିମା ମୁଠି ମୁଆଁ  ୫୦ ଗ୍ରାମ୍ ଚୁଡ଼ା/ମୁଠି, ଗୁଡ଼ ଜିମା ଚିନିରେ ରେ ପ୍ରସ୍ତୁତ
ବୁଧ ବାର	 ମୁଠି (୫୦ ଗ୍ରାମ୍)

ଏତଦ୍ ବ୍ୟତୀତ ନିଜ ଅଞ୍ଚଳରେ ମିଳୁଥିବା ନିମ୍ନୋକ୍ତ ଉତୁକାଳାନ ଫଳ ମଧ୍ୟ ଅଙ୍ଗନୱାଡ଼ି କେନ୍ଦ୍ରରେ ସକାଳ ଜଳଖିଆ  
ଦ୍ୱିସାବରେ ଦିଆଯାଇପାରିବ ।



ପିନ୍ଧୁଳି



ପାଚିଲା ଆଠ



ପାଚିଲା ଅମୃତ ଭଣ୍ଡା



ପାଚିଲା କଦଳୀ



ପାଚିଲା ଆମ








ଜିଲ୍ଲା କଂପୋଜ ରୁମ୍ ନଂ :



ଏବେ ରାଜ୍ୟର ୮ଟି କେ.ବି.କେ ଜିଲ୍ଲାରେ ଅଙ୍ଗନବାସୀ କେନ୍ଦ୍ରରେ ଗୋଟିଏ ପ୍ରକାର ଜରୁରୀକାଳୀନ ଭୋଜନ କାର୍ଯ୍ୟକ୍ରମ

**ଜରୁରୀକାଳୀନ ଭୋଜନ କାର୍ଯ୍ୟକ୍ରମ**

ଦୈନିକ ୫.୫.୫୦ ପ. ରେ ପ୍ରସ୍ତୁତ ଜରୁରୀକାଳୀନ ଭୋଜନ କାର୍ଯ୍ୟକ୍ରମ

ସୋମ ବାର, ଗୁରୁବାର ଓ ରବିବାର	୨୫୦ ଗ୍ରାମ ଚାଉଳରେ ପ୍ରସ୍ତୁତଭାତ		୩୦ ଗ୍ରାମ ଚାଲି, ୫ ଗ୍ରାମ୍ ତେଲ ଓ ୫୦ ଗ୍ରାମ ପନିପରିବାରେ ପ୍ରସ୍ତୁତ ଚାଲମା	
ମଙ୍ଗଳ ବାର ଓ ଶୁକ୍ରବାର	୨୫୦ ଗ୍ରାମ ଚାଉଳରେ ପ୍ରସ୍ତୁତଭାତ		୨୦ ଗ୍ରାମ ସୋୟା ବଡ଼ି, ୫ ଗ୍ରାମ୍ ତେଲ ଓ ୧୦୦ ଗ୍ରାମ ପନିପରିବାରେ ପ୍ରସ୍ତୁତ ସୋୟା ବଡ଼ି ଚରକାରା	
ବୁଧ ବାର	୨୫୦ ଗ୍ରାମ ଚାଉଳରେ ପ୍ରସ୍ତୁତଭାତ		୧ଟି ଅଣ୍ଡା, ୫ ଗ୍ରାମ୍ ତେଲ ଓ ୧୦୦ ଗ୍ରାମ ପନିପରିବାରେ ପ୍ରସ୍ତୁତ ଅଣ୍ଡା ଚରକାରା	
ଶନି ବାର	୨୫୦ ଗ୍ରାମ ଚାଉଳ ୩୦ ଗ୍ରାମ୍ ଚାଲି, ୫ ଗ୍ରାମ୍ ତେଲ ଓ ୫୦ ଗ୍ରାମ୍ (ପନିପରିବା, ବିନି) ରେ ପ୍ରସ୍ତୁତ ଖେରୁଡ଼ି			

ଏବେ ରାଜ୍ୟର ୮ଟି କେ.ବି.କେ ଜିଲ୍ଲାରେ ଅଙ୍ଗନବାସୀ କେନ୍ଦ୍ରରେ ଜରୁରୀକାଳୀନ ଭୋଜନ କାର୍ଯ୍ୟକ୍ରମ  
ଭାବରେ ଉପରୋକ୍ତ ଖାଦ୍ୟ ପ୍ରସ୍ତୁତ ହୋଇ ବୁଦ୍ଧ ଓ ଅସହାୟ ଲୋକମାନଙ୍କୁ ଦିଆଯାଉଛି ।

ଜିଲ୍ଲା କଂପୋଲ ରୁମ୍ ନଂ :